

TEMPLE BYRON

46 Melaleuca Drive Byron Bay, NSW, Australia - 61 2 6680 8613

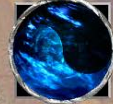


CONSCIOUS COMMUNITY

Weekly Workshop Series

- ▶ Expand our Self-Awareness into the Social Domain
- ▶ Enhance Communication and Deepen Connection
- ▶ Enrich Relationships and Empower each other
- ▶ Understand and Address our common Social Issues
- ▶ Consciously Co-create Sustainable Communities

Social
Dhamma



WEEKLY Sessions: **Wednesday evenings 6:30-8:30pm**

At Temple Byron, in the yurt. \$20 / \$15 unwaged

with Julian Robinson: 0411 450 642 | www.SocialDhamma.org

ABOUT THE WORKSHOPS

Join us each Wednesday evening to experience a **collective meditation process**, in which we use **mindful communication** to lead the group mind into a state of **unity consciousness**. We then engage in a facilitated mindful group discussion to generate **collective insight** into the various ways in which we **co-create our shared social reality**, here and now.

Our aim is to support each other in expressing our diverse spiritual skills and abilities to co-create a socially sustainable community – one which is able to address any potential social problem as it arises and which empowers each person to fulfill their potential. Using our weekly group as a model, we empower each other to participate more consciously and purposefully in the various communities to which we each belong.

Feel free to **contact Julian on 0411 450 642** for any questions or just show up any Wednesday evening. For further information, visit **SocialDhamma.org** and download the 2-page **Social Dhamma information sheet**.

TESTIMONIALS

“It is rare to find a person so authentically aligned with their work in the world. Julian walks his talk in an unwavering fashion with complete dedication to his calling. Skillful at mindful communication, non-judgmental, immensely patient and open minded, kind hearted, trustworthy, and absolutely embodying the principles he teaches. His depth of knowledge in Social Dhamma is profound and his heart for the collective, inspiring. A gentle teacher with strong, solid, deep roots. It's a gift to learn from him.” – Katy Vidler.

“Julian provides an excellent space for individuals and the group to explore and share personal insight related to mindfulness. The group I'm in feels safe and respectful. I feel encouraged to become aware of attachments I hold and by investigation how I can purify those and gain a sense of connection within myself and others. In the group we also participate in a guided meditation, focussing on presence, which leads us to investigate and explore the core principals of mindful presence within a group setting. Each week I look forward to this group, its a highlight for me and sets the tone to stay connected to the path of conscious awakening.” – Mradula Dosch.

“Thank you for the, wow, last 6 months of Social Dhamma at Temple Byron. I am still amazed that I was walking in to do something completely different in another part of the Temple and just did a right instead of a left and ending up learning a great deal about how I can interact within a social group, especially the group mind that we created. And how I could tap into that at the start while in meditation, and then as we progressed, then being able to extend that connection into my life away from the group.

So many valuable insights into how I can feel safe and supported for my talents to be expressed and nurtured, at first in the group and then tapping into the group awareness to bring them out in the same way in my normal life. The best thing that I've taken away is the knowledge that what we created is with me to tap into whenever and wherever I am. Thank you Julian”. – Steve Trembath.

ABOUT JULIAN

Hello. My name is Julian Robinson and I am the creator and founder of Social Dhamma. I have over 20 years of study and experience in Buddhist and non-Buddhist meditations, I have worked as a counsellor, counsellor trainer, social equity project officer, community development consultant and social researcher and I hold a Masters degree in Community Development & Management (Charles Darwin University, 2007).

I have drawn upon the skills, knowledge and understanding gained through all of this experience to create Social Dhamma as my major life's work and offering to humanity in this time of global crisis.

It has taken me over a decade to develop Social Dhamma to its current high standard, and I now offer it to social & sacred activists, change makers and innovators, to thought leaders, visionaries, bodhisattvas and light-workers -- and to anyone who is inspired to participate in consciously co-creating the community foundations of a more enlightened society.